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Abstract Planned Workshop

## A journey through Mental Health in Primary Care in European countries

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## Abstract

All participants are invited to share (national or local) knowledge about how mental problems in primary care are addressed in your area. The Mental Health Section of the European Forum of Primary Care is planning to make an overview of the status of mental health care in Europe (to be published in the journal *Quality in Primary Care*).

The content of the workshop is as follows:

Introduction of this workshop by *Jan De Lepeleire*

If you want to make an inventory of problems in the integration of mental health care processes, you might start with a description of the mental health care problems dealt with in primary care in different European countries with a "Goldberg & Huxley" framework. *Peter Verhaak* will explain the

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levels as defined in the Goldberg & Huxley framework and the need for exchange of knowledge and data.

How is mental health care organised in primary care in Turkey? What are the most urgent challenges? Presentation by ***Derya Iren Akbiyik***

For an optimal co-creation between primary and secondary care it is important to see them as different and equal. Presentation of the (scientific) identity of mental health in primary care by *Dineke Smit*.

Interactive workshop - All participants are asked (in small groups) to describe how well mental health problems are addressed in primary care in their own country by matching Goldberg and Huxley's levels. This workshop will be led by *Lisa Hill*. Other members of the group will participate and stimulate the discussion.

The session will close with a plenary debate and defining the best practices, main problems and prioritisation of our goals for 2014.

**Key words:**

**primary care, psychology, overview Europe**

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**Presentation** available at: <http://www.euprimarycare.nl/istanbul/conference-programme-efpc-2013-istanbul-results>