

Book review

Type 2 diabetes in practice

Andrew J. Krentz, Clifford J. Bailey

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This book aims to provide practical treatment advice for physicians involved in clinical care. The approach used to cover the wide range of clinical issues in patients with type 2 diabetes mellitus follows taken this idea. It is very practical, with short texts on each topic, many tables and figures, and few references. The final chapter is a quick reference guide, based on figures only.

The twelve chapters cover all aspects of diabetes care, from etiology and diagnosis to micro and macrovascular complications. The emphasis of the treatment chapters is on pharmacological treatments of both hyperglycemia, cardiovascular risk factors (like blood pressure and dyslipidemia), as well as diabetes complications.

What is missing in this book is a discussion of multi-disciplinary approach in the treatment of these patients. About the integration of “the breadth of disciplines involved in diabetes care”, the authors indicate that this is a major challenge. Reference is given to five books on the organisation of diabetes care. This is not in agreement with the current emphasis on integrated care, especially for diabetes patients.

However, for the general practitioner this book provides an extensive but compact overview of all medical topics related to the care of the increasing number of patients with type 2 diabetes mellitus.

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